

## PSHE at Shoreham Academy Autumn Term 2023

YEAR	October 12 <sup>th</sup> (Half Day)	November 8 <sup>th</sup> (Full Day)
7	<p style="text-align: center;"><b>BUILDING RELATIONSHIPS</b></p> <ul style="list-style-type: none"> <li>• Introduction to Relationships</li> <li>• Positive Relationships</li> </ul>	<p style="text-align: center;"><b>BULLYING</b></p> <ul style="list-style-type: none"> <li>• CEOP - Online Safety</li> <li>• Bullying – What is it?</li> <li>• Coping with bullying – Drama workshop</li> <li>• Respecting Differences – LGBTQ+</li> <li>• Road Safety – being a pedestrian</li> </ul>
8	<p style="text-align: center;"><b>SAFETY &amp; RELATIONSHIPS</b></p> <ul style="list-style-type: none"> <li>• Unwanted Contact</li> <li>• CSE – Grooming &amp; Exploitation</li> </ul>	<p style="text-align: center;"><b>DRUGS, SEX &amp; ALCOHOL THE CONSEQUENCES</b></p> <ul style="list-style-type: none"> <li>• Online safety</li> <li>• Risks Affecting Health</li> <li>• Sexual Activity</li> <li>• Drugs</li> <li>• How to get out of difficult situations</li> </ul>
9	<p style="text-align: center;"><b>IDENTITY &amp; RELATIONSHIPS</b></p> <ul style="list-style-type: none"> <li>• Celebrating Difference – LGBTQ+</li> <li>• Different Families</li> </ul>	<p style="text-align: center;"><b>HEALTHY RELATIONSHIPS</b></p> <ul style="list-style-type: none"> <li>• Contraception Circuit</li> <li>• CSE – Technology &amp; Relationships</li> <li>• HIV Workshop – Terrence Higgins Trust</li> <li>• STI Party</li> <li>• What happens at Sexual Health Clinics</li> </ul>
10	<p style="text-align: center;"><b>EXPLORING INFLUENCE</b></p> <ul style="list-style-type: none"> <li>• Resilience – How to say no</li> <li>• Online safety - Consent</li> </ul>	<p style="text-align: center;"><b>FINANCIAL DECISION MAKING</b></p> <ul style="list-style-type: none"> <li>• Budgeting</li> <li>• Life Choices &amp; Savings</li> <li>• Money &amp; Well Being</li> <li>• Money Sense Workshop</li> </ul>
11	<p style="text-align: center;"><b>DIVERSITY</b></p> <ul style="list-style-type: none"> <li>• Challenging Offensive Behaviour</li> <li>• Diversity, Discrimination &amp; Prejudice</li> </ul>	<p style="text-align: center;"><b>NEXT STEPS</b></p> <ul style="list-style-type: none"> <li>• Assembly – Options 16+</li> <li>• What will I learn?</li> <li>• Subject Tasters</li> <li>• Careers Skills</li> <li>• Road Safety – being a passenger</li> </ul>
12	<p style="text-align: center;"><b>SAFETY &amp; CAREERS</b></p> <ul style="list-style-type: none"> <li>• Sexual Harassment</li> <li>• Study Skills</li> </ul>	<p style="text-align: center;"><b>SAFETY</b></p> <ul style="list-style-type: none"> <li>• Safe Drive Stay Alive Road Safety</li> <li>• E-Safety</li> <li>• First Aid</li> <li>• Safety in Relationships</li> <li>• Being Safe when out and about</li> <li>• Travel Safety</li> </ul>
13	<p style="text-align: center;"><b>SAFETY &amp; CAREERS</b></p> <ul style="list-style-type: none"> <li>• Sexual Harassment</li> <li>• UCAS Preparation – Personal Statements</li> </ul>	<p style="text-align: center;"><b>CAREERS – DESTINATIONS</b></p> <ul style="list-style-type: none"> <li>• Eating on a budget</li> <li>• Finance – Living on a shoe string</li> <li>• Interview Skills</li> <li>• Personal Statements</li> <li>• CV Writing/ Letters of application/ Application Forms</li> </ul>